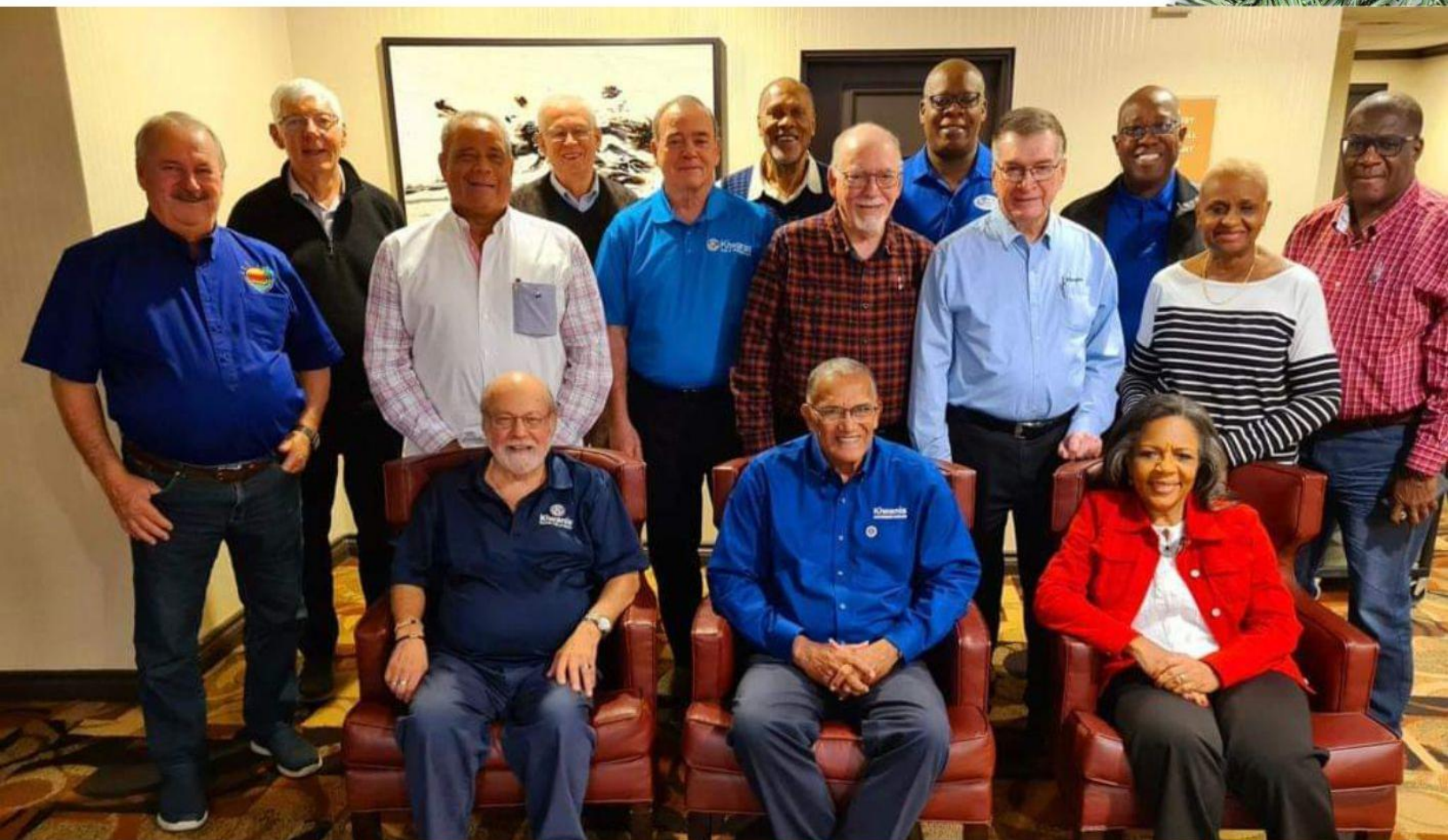




Kiwanis®

EASTERN CANADA AND THE CARIBBEAN DISTRICT
L'EST DU CANADA ET DES CARAÏBES



HAPPY HOLIDAYS

24 DECEMBER 2022

MEET THE TEAM



Anthony Haile
Governor
KC of Curaçao



John Chave
Governor Elect
KC of Barrie



Pam Rodney White
Vice Governor
KC of Constant Spring



Jim Scott
Immediate Past
Governor
KC of Forest City
London



Jim Steele
District Secretary Treasurer
KC of Brantford

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DISTRICT GOVERNOR'S MESSAGE



My Dear Fellow Kiwanians,

It is incredible how quickly time passes. After our successful convention in Fredericton, where we ratified our present leadership, we are already at the end of the first quarter of the 2022-2023 administrative year.

I have sincerely enjoyed my first three months as your governor. The first quarter has been filled with positive outcomes, some minor challenges, and numerous rewards. Plans for the administrative year were finalized in October when the District Board of Trustees met “face to face” in Toronto for the first time in three years. The Board Members finally had the opportunity to work together in person and lay the groundwork for the District’s success in 2022-2023.

Different ideas were shared, always in the best interest of our organization. The Board agreed that it requires a collaborative approach to make things happen. At the close of the meeting, it was agreed that at the end of Kiwanis 2022-2023 year, we would be able to say, “Yes, we did a good job!”

As Governor, I will be making official visits to 8 of the 27 divisions of the District. I chose Division 21 for my first visit, and I did this for a particular reason. Division 21 is made up of the clubs in Newfoundland, and if I waited too long, it would be freezing cold. Cold weather is not a friend to a man from Curacao, where it is sunny and warm all year long! I am pleased to say that I was delighted with the visit to Division 21. Although I could not attend all the clubs due to the vast geography, I was able to meet with three of the clubs in person. A zoom meeting was also organized so that I could meet with the others. I had the opportunity to learn about the good work the clubs are doing in the name of Kiwanis and to understand some of the challenges the Division continually manages, due to its geographic size.

I want to express my sincere thanks to Lieutenant Governor Ida Young and all the members of Division 21 who welcomed me so warmly. My hope is that I was successful in encouraging all the clubs to do all that they can as Kiwanians, to make their communities a better place to live, work and play. My second official visit will be to The Bahamas, where I will celebrate the 60th anniversary of the Kiwanis Club of the Bahamas. I will share my experiences of that visit in the next edition of the bulletin.



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DISTRICT GOVERNOR'S MESSAGE (CONT'D)



We have a great deal of work to do in our District because KIDS NEED KIWANIS! As I always say, hard work is not a problem for EC&C. We are used to hard work. I know I can count on every member's support to go the extra mile to succeed.

Covid taught us that even in difficult times, the Kiwanians of our District can "Adapt to Succeed." We can, and we will meet our goals for the year!

Before ending this message, I would like to thank Sherilyn Cordice for her time as District Bulletin Editor. Effective January 1st, Sherilyn will assume a new volunteer position in the EC&C District.

To all my fellow Kiwanians, I want to take this opportunity to wish you and your family a Merry Christmas and a Prosperous 2023. Let us all continue to work to benefit our beloved Kiwanis organization.

Anthony Haile
Governor 2022-2023



Kiwanis Club of Middlesex [London] Inc.



Christmas Cakes

Our Christmas cake selling began on Saturday 19 November at Richmond Woods with Millie Norry and Carole Mayo the sales ladies. Selling at Chesley Park has been put on hold as they are in lockdown because a number of the residents have Covid. This project will continue weekends until December 17 and possibly Wednesday 21 December. Andre Cote will sell cakes at Chesley Park for another two weeks some time in December.



Salvation Army Kettles

On November 25 we minded a kettle at Canadian Tire Argyle Mall and December 3rd will be Loblaws at Wonderland and Southdale.



World Diabetes Day (WDD), established in 1991 by the International Diabetic Federation and the World Health Organization, commenced to bring awareness to the growing concerns about the drastic health threat posed by diabetes. In 2006, World Diabetes Day became an official United Nations Day. Annually on November 14, the birthday of Sir Frederick Banting who co-discovered insulin along with Charles Best, people around the world pause to observe this day.



On Saturday, November 12, 2022, the Community Service committee of the Kiwanis Club of Nassau A.M. held a health fair with the Rotary Club of Nassau. This event lasted from 8:00 A.M. to 12:00 P.M. at the Goodman's Bay Park, Nassau. This fair reached nearly 100 members of the community, helping to create an awareness of Diabetes, and strengthening our club's visibility in the community.

COMMUNITY HEALTH FAIR (cont'd)



We offered free services that included glucose testing, blood pressure monitoring, and adjustments by a licensed Chiropractor was a great hit! Additionally, we distributed breakfast in the form of turkey and chicken souse (soup), fresh fruits and water to all participants. At the end of this event, a donation of fruits was also made to the Elizabeth Estates Children's Home to assist with their pantry.

Branding was of importance at this event. Kiwanians sported their club project shirts, the K.C.N.A.M. feather flags were flown high, the welcome tablecloth displayed our club's logo and the Z.N.S. News Network provided coverage on radio and television that evening.

20 hardworking Kiwanians participated in this project along with 10 Rotarians, 2 prospects and 1 student. This team of individuals made this awesome initiative a great success!



GOVERNOR ANTHONY *...is on the move*



Governor Anthony with his family



Governor Anthony & the delegation of
Curaçao



Goup picture of face-to-face discussions in
Toronto with District Leaders



Goup picture of face-to-face meeting in
Toronto with District Leaders



Kiwanis Nord Basse-Terre

Presentation of Legion of Honor



R to L: DPLG Éliane ANDRÉ-LUBIN, Charter Member; President 2022-2023, Annick RAMASSAMY ; Pierre CHARBONNE, recipient; and Imm. Past President Énor ANDRÉ-LUBIN.

At the October 31, 2022, Imm. Past President Énor ANDRÉ-LUBIN recognized the deserving members of the Club:

- The ***Distinguished Service Award*** has been presented to: Leïla HELAN, Anne-Marie VÉRÉPLA, Rosita GALBAS, Annick RAMASSAMY, Claudette MACHIRE, Francianne NICHOLS, Valérie VATIN, Maddy MONTELLA, for their dedication and their spirit while Serving the Children of the community.

- The ***Recognition Certificate*** has been awarded to those members who served the children via Kiwanis for more than ten years: Eliane ANDRÉ-LUBIN (14 yrs.), Nicole PLANTIER (17 yrs.), Alex RODEF (15 yrs.), and Pierre CHARBONNÉ (42 yrs.).

- The ***Legion of Honor*** has been awarded to Pierre CHARBONNÉ in recognition for his 42 years spent to the Service of the Children.

Pierre joined the Kiwanis Club Doyen de la Basse-Terre on August 21, 1980, and elected as Lieutenant Governor on August 9, 2008. He is still very involved in Kiwanis. Residing in the Sainte-Rose Community since he retired, it is quite naturally that DPLG Eliane ANDRÉ-LUBIN asked him to build a Kiwanis Club in his community. He responded with enthusiasm and the Kiwanis Club of Nord Basse-Terre has been chartered in 2018. The Club is very grateful in awarding him a Legion of Honor for his 42 years spent in Serving the Children. *There is no doubt, this certificate will have an important place in his home.*



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LET'S



Celebrate

TOGETHER

HAPPY BIRTHDAY/
ANNIVERSARY TO ALL
KIWANIANs CELEBRATING
THIS QUARTER.



Kiwanis Club of Manotick

Thanksgiving Drive for Food Cupboard



The Manotick Kiwanis and their sponsored student Key Clubs partnered with the Barrhaven Food Cupboard and 3 local grocery stores for an extremely successful Thanksgiving drive in early October. The Metro, Freshco and YIG (River Rd) stores participated in the project over the first 2 weekends in Oct by allowing our Key Club volunteers

prepare and sell pre-packaged grocery bags and collect cash/credit card donations for the Barrhaven Food Cupboard.

Over the course of the two weekends, the Key Club Members from St. Mother Teresa, Jean McRae, Longfields-Davison-Heights and St. Marks racked up over 100 volunteer hours at the 3 participating stores. The total number of grocery bags packed and sold along with cash donations is listed below.

	Bags Packed & Sold	Bags Total Value	Cash Donated
Grand Total	1596	\$ 12,175.56	\$ 4,545.05



Both the Food Cupboard and grocery stores were thrilled with the results and pleaded with us to help out again at Christmas time.

We are starting preparations for the Christmas Food Bank drive and are in discussion with local stores regarding their participation in our project. Key Club volunteers could go to their stores on an agreed upon weekend, wearing Barrhaven Food Cupboard provided t-shirts to perform tasks such as:

- Packing Food Bank grocery bags for sale
- Engaging with customers to encourage purchase of grocery bags or cash donations
- Offer to help customers pack their personal groceries

Hopefully, our Christmas drive will match or surpass the Thanksgiving results.

GOVERNOR ANTHONY

visits Division 21

NEWFOUNDLAND & LABRADOR



Kiwanis Club of Manotick

"Need for Seeds" Project



The "Needs for Seeds" joint project involved the four high schools supported by Kiwanis Club of Manotick. These include St Marks H.S., John McRae H.S., Barrhaven-Longfields H.S. and Mother Teresa H.S. The project was developed through joint meetings involving representatives of each club and their Kiwanis Advisors in February and March 2021. The concept was to provide hands on educational opportunities for young students, grades 1 through 4, to learn how food is grown and how they can contribute to a "Green" society.

The clubs would do this by handing out "grow kits" containing garden soil, vegetable and flower seeds and planting pots to local elementary schools and food banks who wished to partner with the Key Clubs. They would also hand out vegetable plants to young children attending the Dickinson Days crafter market in early June. The project leaders filed for a grant from Kiwanis International based on their budget expectations and subsequently received a grant of \$2,500 USD.

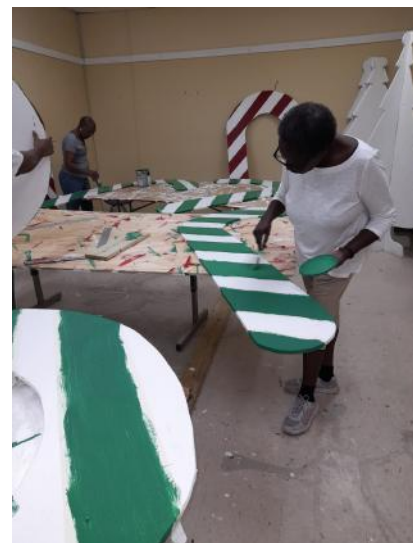
There were eleven elementary schools and three local food banks who signed on to the program. There was a lot of work and organization involving many students to make this happen with elbow grease a key commodity. Supplies had to be purchased including bags of soil, seed packet and planting pots. We were able to purchase many items at a discount or through donations from retailers. We spent according to our budget plan which ended up to being equal to our grant from Kiwanis International. But then the physical work began.

Large soil bags needed to be split into smaller bags for distribution. Seed packs and pots were metered out into grow kits which were assembled in shipment orders according to the number of students in each school or requests made from various food banks. The kits were then delivered to the partners in time for planting to begin. Once deliveries were completed, Key Clubbers manned a booth at the June Dickinson Days craft market. They handed out many trays of live vegetable plants to smiling children and their parents.

In all, we delivered kits to 11 schools with nearly 1,200 children benefiting from the program. We also delivered kits to 3 foodbanks which handed kits to over 100 family clients. In summary, this was a great learning experience for the Key Club participants and organizers. We believe this was a useful and successful program, especially for many youths in our community. Special thanks go to the project lead – Avery Brazier, participants and contributors, and all the Key Clubbers who participated.



Kudos to Santa's Kiwanis Helpers of Kiwanis Club of Pinewood



President Theresa, Secretary Prenetta, Treasurer DLG Garnell, Directors DP Carmen and DP Genine and Prospective Renaldo all volunteered for the past two weeks helping at Bahamas Technical Vocational Institutional (BTVI) by painting and putting the Christmas decorations together for the Sandilands Rehabilitation Center Christmas program for the Governor General of The Bahamas Visit Monday 5th December 2022 @11am on the grounds of The Sandilands Rehabilitation Center.

DISTRICT CONVENTION

Taste, Feel & Live Quebec City!

May 18 – 20, 2022

Hotel: The Delta by Marriott Quebec

Address: 690, boulevard René-Lévesque Est,
Quebec City, Quebec G1R 5A8

Two options are available:

- Standard room with two queen beds or one king bed – \$229
- Deluxe room with 1 king bed – \$259



INTERNATIONAL CONVENTION

NURTURE THE FUTURE

Join us at the 2023 Kiwanis International Convention
in Minneapolis, Minnesota, USA!
JUNE 21-24, 2023



Join us at our EC&C District Convention in Quebec City, Canada (May 18-20, 2023)

CANADA VISA / eTA (Electronic Travel Authorization)

We encouraged all Kiwanians traveling to convention and in need of VISA to apply as early as possible. Perhaps now to avoid any delay.

Registration:

Early Bird Registration (January 1st - February 24th, 2023)

- Kiwanians: \$260.00CAD
- Partners: \$210.00CAD

Regular Registration (February 25th - April 16th, 2023)

- Kiwanians: \$400.00CAD
- Partners: \$300.00CAD

Convention at a Glance *(subject to change)*

Thursday, May 18, 2023

- 8:00 – 8:45 First timer meeting
- 8:00 – 17:00 Registration, Credentials, Conference Office, Kiwanis Store and kiosque
- 8:00 – 17:00 District Office Open
- 9:00 – 13:00 Educational Forums
- 13:00 – 15:00 Free Time
- 15:00 – 17:00 Opening Ceremonies

Friday, May 19, 2023

- 8:00 – 15:00 Registration, Credentials, Conference Office, Kiwanis Store and kiosque
- 8:00 – 17:00 District Office Open
- 8:30 – 11:00 Educational Forums
- 9:00 – 11:30 Educational Forums
- 12:00 – 13:00 Plated luncheon (included in registration)
- 13:00 – 14:00 Community activities for Quebec children in needs
- 14:00 – 16:00 Award Ceremony
- 16:30 – 17:00 Divisional Caucus Meetings
- 17:00 – 18:00 Free Time
- 18:00 – 21:00 Host Night – Sugar shack Party, food stand and surprises
- 21:00 – 11:00 Visit old Quebec by night (by your own)

Saturday, May 20, 2023

- 8:00 – 10:00 Registration, Credentials, Conference Office, Kiwanis Store
- 8:00 – 15:00 Kiosque
- 10:00 – 12:00 Plenary Business Session
- 17:00 – 18:00 Governor & Governor Designate Reception and Class photo
- 18:00 – 19:00 Pre-Gala Reception (cash bar)
- 19:00 – 23:00 Members' Gala (included in registration)



I WISH YOU A

MERRY CHRISTMAS

AND
A HAPPY NEW YEAR

WITH LOVE,
SHERILYN
OUTGOING BULLETIN EDITOR

