



Kiwanis®

EASTERN CANADA AND THE CARIBBEAN DISTRICT
L'EST DU CANADA ET DES CARAÏBES

NEWSLETTER



► Adopt-A-Beach
Programme

Kiwanis Club of South St. Andrew

EDITOR'S NOTE

And just like that we are at the end...

This Administrative year has been a blast with unavoidable change, some return to pre-COVID times, and continued fellowship and service. To all of our leaders, take a bow on a job well done. Only you could have done it like YOU! Congratulations on taking on the challenge to change the world one child and one community at a time.



To the incoming leaders, grab that baton and RUN! There is more left in our communities to be done; and our children are awaiting our smiles and assistance.

It has been a pleasure reading your stories and successes in this Administrative Year; and I look forward to even more victories in 2022-2023. Happy New Year's Eve!

*Happy Reading,
Sherilyn*

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DISTRICT GOVERNOR'S UPDATE

Well, it is hard to believe that we are in the process of finishing another Kiwanis administrative year. The old saying of "time flies" is certainly appropriate as I put this note together.

In my wildest dreams I would not have predicted that we would spend the vast majority of the year meeting virtually as Clubs were unable to meet face to face due to Covid. My hope was to spend the year travelling to meet clubs in person but that was not to be. Instead, I spent a good portion of the year on Zoom taking in Club meetings and Division Caucus meetings. When I look back on it today, there is no doubt I was able to speak and meet many more District Clubs and members using the Zoom technology. That would be the positive part of the equation however I would have preferred to meet in person.

Service Projects were a challenge for all Clubs, Some of those long term club service projects had to be changed, from the old ways of doing service to something very different. You had to think "outside the box" and in doing so, it allowed us to continue to serve our communities in ways we couldn't have dreamed of.

Our Signature Projects where outstanding and our EC&C District led the Kiwanis world in the number of Clubs that submitted their projects to the International Contest. Another example of leading and showing other Kiwanians what we do in EC&C.

Our District Convention that was recently held in Fredericton, was a sell out and very successful. Excellent educational forums, a terrific city to meet in filled with friendly residents and a hotel staff that went out of their way to help. One of the most evident signs of a great convention was our members were laughing, enjoying themselves and certainly taking part in the day-to-day activities. A lot of this has to do with the Fredericton convention committee who were very organized and had covered all the bases to ensure success.

From a growth standpoint this year we have brought into our District over 1,000 new members with a net membership number of approximately 500. Also, we were able to open 13 new Clubs through the efforts of our Membership and Engagement committee headed up by past International Trustee Gary Levine. We have met and exceeded the objectives that we had agreed to with Kiwanis International.

Our Service Leadership programs are returning to the same level that we were in, prior to March 2020. It has been a combination of support from our SLP District Administrators and Club SLP liaisons to help us bring this most important activity back to where it was. As everyone knows, Service Leadership is the heart of this organization and is important to our future.





DISTRICT GOVERNOR'S UPDATE (CONT'D)

There are two areas that I would ask that we remind ourselves about. The first is a question, **why do you and I join a service club?**

The answer is simple. **We want to do service work in the community that we live and raise our families in so that it allows us to be safe and healthy.**

If we are not doing meaningful service work we are not going to entice members to be part of our organization. The second area to mention is that of having fun in your meetings and projects brings members back week after week. When you can bring a smile to one's face, you know that member will tell others about it and will return week after week for more fun.

I want to thank everyone for the opportunity you gave me to serve you as Governor this past year. Meeting our members online, or face to face has been an experience I will never forget. You allowed us to Emerge Stronger as a group and to make EC&C a District that Kiwanians respect and want to be part of.

Thank you for that opportunity.

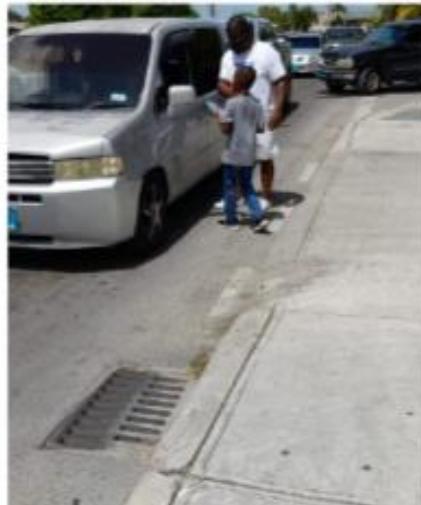
Governor Jim

EC&C 2021/2022



Kiwanis Club of Pinewood

The Kiwanis Club of Pinewood "Come thirsty" water drive is one of the club's most successful projects. The club hosts this project monthly; and it is funded by the members of the Club and supported by the Fundraising Committee. The project is led by Distinguished President Genine Munroe and her team.



KIWANIS INTERNATIONAL

KIWANIS CLUB OF
PINEWOOD PRESENTS

COME THIRSTY!

JOIN US ON
SATURDAY JUNE 25TH, 2022
11 A.M. - 3 P.M.

WATER WILL BE ON SALE AT
**EAST STREET SOUTH, 4 WAY
INTERSECTION BY POLICE STATION**

IN SUPPORT OF OUR
COMMUNITY INITIATIVE



Kiwanis Club of South St. Andrew

Adopt-A-Beach Programme



The Adopt-A-Beach programme is facilitated by the National Environment & Planning Agency (NEPA) and is a volunteer effort designed to empower people of all ages to become directly involved in cleaning the coastlines. The programme allowed the Kiwanis Club of South St. Andrew to select and clean up a beach of choice on a monthly or quarterly basis as a means of maintaining the area throughout the year and minimizing marine litter.

Under this programme the Club was able to adopt the Sugarman Beach as our Beach Cleanup Project. The Sugar Man Beach is located close to the Helshire Beach in Portmore St. Catherine. We were given garbage bags, gloves, hand sanitizer and insect repellent for the clean-up project.

The First Beach Cleanup

On Sunday, July 3, we had our first beach clean-up exercise. We were joined by Kiwanis Club of St. Andrew Southern Professionals Online and the Kiwanis Club of Meadowvale.

The Second Beach Cleanup

On the morning of August 13, 2022, the beach Cleanup activities got off to a late start but the Kiwanis club of South Saint Andrew and the Kiwanis club of Saint Andrew Southern Professionals Online were not daunted by the task ahead. Early pictures of the beach revealed seaweed that were washed ashore; we were later advised by President Andrea Roberts that we should not touch these items. Our task became a little more difficult, but we were yet, not daunted. Rakes, shovels, gloves, bags of food and many more things were the items needed to carry out the task of cleaning up the Sugarman beach in Helshire, Portmore, a community with several Beeches on its shores.

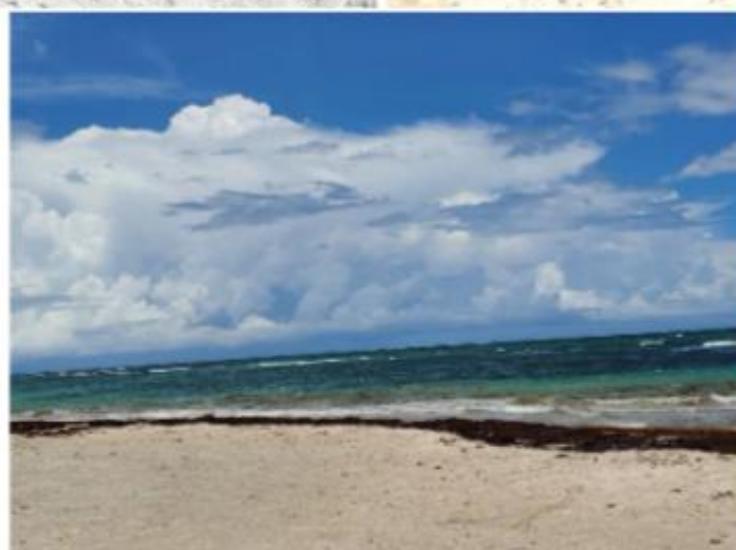
President Andrea effectively led the team by continuing throughout the day with baking down, several different items were identified and the team of ten (10) collect the plastics, glass and garbage in the relevant bags. After collecting several bags, we took a break for a meal. It was truly hard to resume work, but we eventually got to it.

Kiwanis Club of South St. Andrew

Adopt-A-Beach Programme (cont'd)

While on our break eating, we saw 3 children and shared our meals with them; one of our members commented that, 'you can always find children on a beach'. Here are some items that were discovered on the beach; plastic bottles filled with water, plastic bottles filled with sand, several plastic cups, large kegs, clothes, shoes, empty soda bottles and bottles which we couldn't tell the contents.

After the resumption of our activities, we quickly realize that we had all decided on 'our territory', Some of our members quickly called out to others indicating, 'do not go into our territory', it appeared to us that we were very territorial. The only man on the beach, the husband of one of our members, was ready and willing to take up our garbage, to carry our large bags and to ensure that as women, we did not have to extend too much of our efforts. It was a day well spent at the Sugarman Beach, we collected 14 bags of plastic, two bags of glass and 8 bags of trash.



KIWANIS CLUB OF MIDDLESEX (LONDON) INC.

Summer Social



A Summer Social was held for club members at the Kiwanis Centre. Arrangements were made with Margaret in the Kiwanis Centre kitchen to provide the following: Breakfast sandwich (egg, ham, cheese on an English muffin), raisin bran muffins and a fruit tray. There was also a non-alcoholic fruit punch. Those wishing a different beverage either purchased it from the Kiwanis Snack Bar or brought it with them. John Longworth said Grace before we began our meal. This event was well attended with guests and members.

Sing along

It was the first time we have sung old familiar songs since we resumed meetings after Covid-19. President Bruce photographed words to old favorites e.g. Down by the old Mill Stream, saved the words on a memory stick, Carol Turnbull hooked up our new projector so we could read the words from the screen as we sang and Grant Knox led us in the sing along. Perhaps this will set a precedent for future meetings.

Graham Laing's 94th birthday was on August 9th so Carol Turnbull made a delicious 3-layer cake in honor of this occasion. Tim Mayo also shared August 9th birthday but he will have to wait a few years before he is 94.





Kiwanis Club of Casa Loma

Celebrates its 100th Anniversary

The Kiwanis Club of Casa Loma culminated its year-long 100th Anniversary celebration on July 26, 2022, at a festive gala in Toronto's iconic Casa Loma. Being stewards of Casa Loma since 1937 for 74 years, KCCL was invited to showcase its history in the halls and rooms of the majestic castle by Nick Di Donato, CEO and President of Liberty Entertainment Group, the current manager and Honorary KCCL member. Poster-sized archived photographs of KCCL's service, depicted by Camp Westowanis, Casa Loma's resurrection, support for WWII soldiers and their families, and fundraisers to fight polio, Iodine Deficiency Disorder and Maternal Neonatal Tetanus, lined the "Walk through the Decades". KCCL's 100-year history is recorded in *A Century of Service, the Story of the Kiwanis Club of Casa Loma*, written by W. John Maize who spoke about commemorating KCCL's milestone of service.



Jani Trindade of West Neighbourhood House with Camp Westowanis poster.



Tasunke Sugar and Dehbezinghe singers open and close Program in the Library.

KCCL's Community Partners joined in the celebration and welcomed the Indigenous Spirit Fund, the philanthropic arm of the Native Child and Family Services of Toronto which is KCCL's Centennial Service Partner to serve Indigenous Children. The Silent Auction was KCCL's first fundraiser for ISF and raised \$1,680.00. The formal program, emceed by President Francesco Coccimiglio, had greetings from Jim Scott, ECC Kiwanis District Governor, and Catriona Delaney, Casa Loma General Manager, personal revelations from Willow Branco, EWB Award recipient, and powerful words to improve the quality of life for Aboriginal children and their families from Kenn Richard, EWB Director and founder of NCFST.

Kiwanis Club of Casa Loma

Celebrate its 100th Anniversary (cont'd)



The traditional ceremonial drumming by Tasunke Sugar and Debezdiguzh Singers opened and closed the program bringing everyone together in harmony. The Toronto Kiwanis Festival winners gave outstanding performances, 3 from the same family made fantastic music together, and the winner of the first Visual Arts competition donated a drawing for the Silent Auction. Fraser Melvin, who attests that KCCL's John Bird Music Award motivated him to follow a music career path, provided entertainment with the Fraser Melvin Band to round out the evening. Eight Key Club volunteers helped with the set-up and guided 150 guests who enjoyed the sumptuous floating dinner and drinks. With three professional photographers, this spectacular evening at the magical Casa Loma was captured as individual souvenirs for each guest and will be posted soon on our Facebook @kiwaniscasalomatoronto and our website kiwanisclubcasaloma.ca

Kiwanis Festival performers
in the Celebrations.

KIWANIS CLUB OF NORTH ST. ANDREW

hosts Builders Clubs Oratorical Contest



President Dwayne Cargill of the Kiwanis Club of North St Andrew (KCNSA) presents the trophy to Builders from Half Way Tree Primary who were overall winning school of the KCNSA Builders Clubs Oratorical Contest. Sharing in the moment (left to right) are Distinguished President Barrington Miller, Lieutenant Governor Rosemarie Henry, Division 23 Central, Kiwanian Najae Murray and Faculty Advisor Sherilyn Clifford, HWTP.

The Kiwanis Club of North St. Andrew (KCNSA) recently hosted its 2022 edition of the Builders Clubs Oratorical Contest for its 10 Builders Clubs in primary school for the first time in over a decade. The aim of the competition was to equip the Builders with the skills of thinking clearly, speaking persuasively and listening to the opinions of others critically and constructively.

A part of the programme, Kiwanians Najae Murray and Gary McKenzie lead the training activities for the students and their Faculty Advisors. The contest was opened to students from KCNSA 10 Builders Clubs. Video submissions on the topic "how can I help to prevent violence in School" were presented for judging and five finalists representing Half Way Tree Primary; Swallowfield Primary and Infant; Constant Spring Primary and Infant; and Pembroke Hall Primary Schools were selected. The finale was held recently at the Mico Youth Counselling Centre. The students were required to present a prepared script on "School Uniforms are not beneficial to the learning experience, Discuss" and an extemporaneous presentation on "What does Builders Club mean to me?" At the Awards ceremony, President Dwayne Cargill expressed joy in hosting the contest and noted how proud the members of the Kiwanis Club of North St. Andrew were of all the Builders who participated. He noted that the training provided very beneficial to the students. "I was very elated to listen to the very informed and engaging presentation made by all our Builders today, Cargill started while bringing remarks at the ceremony.

In announcing the winners, Mrs. Kayla Swell Mills, one of the Judges, commended the students for their strong performance in the contest. The first place was Asha-Rae Morgan, Half Way Tree Primary; second place went to Kimoya Walker, Pembroke Hall Primary; and third place went to Savanah Mais, Swallowfield Primary and Infant School. Half Way Tree Primary Builders Club was judged the overall winner of the contest. The contest was made possible with the kind sponsorship of the JTA Co-op Credit Union and the Mico University College. Broadcast coverage was provided by the Public Broadcasting Corporation of Jamaica.



*Lieutenant Governor
Rosemarie Henry,
Division 23 Central
presents the second
place trophy to Kimoya
Walker, Pembroke Hall
Primary in the Kiwanis
Club of North St
Andrew Builders Clubs
Oratorical Contest.
Sharing in the moment
is Mrs. Kayla Sewell
Mills, Contest Judge.*

*President Dwayne Cargill
of the Kiwanis Club of
North St Andrew
(KCNSA) presents the
first-place trophy to the
winner of the KCNSA
Builders Clubs Oratorical
Contest, Asha-Rae
Morgan, Half Way Tree
Primary Builders Club.*





Kiwanis

CARIBBEAN EMERGING LEADERS,
JAMAICA



Members of Kiwanis Club of Caribbean Emerging Leaders, 23 East Online, UCC CKI, CMU CKI, Tivoli Gardens Key Club and UWI League 2025/26 joined hands to participate in Beach Clean Up Day at Port Royal Beach/ Bournemouth Beach. This project was done on September 17, 2022; and over 30 bags of garbage were filled.

Kiwanis Club of Ingersoll



Harvest Market 2022



The Kiwanis Club of Ingersoll in Division 4 held a Harvest Market in their town in the late summer. They invited a 100 vendors from their community free of cost to vendors and patrons. A great day for all and terrific Kiwanis name recognition.

In the picture is Kim Overton, LG Dick Gardham and Becky Tunks.

EC&C Kiwanis Clubs

Celebrate 100 Years



Kiwanis Club of Riverdale



The Riverdale Kiwanis Club in Toronto celebrated their 100th Anniversary with a Gala evening. It was dining, dancing and renewing friendships. Distinguished President Bobby Moo Young and Josephine, along with Past Governor Phil Rossy and Diane attended this important event. Master of Ceremonies Hugh Anthony kept the celebration moving along well. A fine evening was had by all especially the Toronto Caribbean Club who were in attendance to help their sponsoring Club celebrate. Sharon Barnes-Simmonds, President of the Toronto Caribbean Club enjoying the evening at the Riverdale 100th Anniversary celebration.

Kiwanis Club of Barrie



The Kiwanis Club of Barrie celebrated their milestone with a 100th Anniversary gala. The photo on the left shows Governor Jim, LG Martin Mann, President Designate Tracey Craig and Club President George Craig during a presentation on the night. The Gala dinner event highlighted donations to Charities in the Barrie Community of \$ 100,000 to celebrate their 100th year of service to the Barrie area.

KIWANIS CLUB OF BARBADOS WEST

Ends the Year With Service Projects



Right to left: President Julianne, President Shaunee of Kiwanis Club of Caribbean Emerging Leaders and a Marina House representative

As we closed the final chapter of the Kiwanis Year 2021-2022, the Kiwanis Club of Barbados West made all effort to have a strong and impactful finish. To this end, we conducted four service projects of which we are very proud. These projects included a donation of toiletries and supplies to Marina House, held in collaboration with the Kiwanis Club of Caribbean Emerging Leaders, a donation of breakfast items to the summer camp program held at the Charles F. Broome Primary School, held in conjunction with Kiwanis Club of Bridgetown, a back-to-school drive, and last but by no means least, our signature project the "Fitter Kids Wellness and Survival Skills Program" which was held in collaboration with the Lifesaving Society Canada.



Left to Right: President Shaunee of Kiwanis Club of Caribbean Emerging Leaders, President Ria of Kiwanis Club of Bridgetown, Principal of Charles F. Broome Memorial (center) and President Julianne of Kiwanis Club of Barbados West



President Julianne donating back-to-school supplies



President Julianne and Instructor Dave Bascombe with participants of the "Fitter Kids Wellness and Survival Skills Program"

The Apple Pickers of **Kiwanis Club of Sarnia-Lambton Golden K**



An apple a day may keep the doctor away, but it also provides good nutrition for those people in need of healthy food in the community. The Inn of the Good Shepherd's Mobile Market is providing fresh fruit and vegetables for up to 1,000 people a week, and apples are one of the staple items. Members of the Kiwanis Club of Sarnia-Lambton Golden K are doing their part by picking apples at Macklin's Farm in Sarnia and donating them to the Inn for the Mobile Market. They had picked and donated 16 bushels of the tasty fruit by the end of September. Seen here on a recent picking expedition are Kiwanis members Jim Stirling, Anne Denman and Allan McKeown on the left, and John Cooke, David Murray and Dennis Loucks on the right. This is just one of the many ways in which Kiwanis members provide service to the community. For more about Kiwanis, visit <http://sarniakiwanis.com>

KIWANIS CLUB OF FREEPORT

Signature Project A Success

The Kiwanis Club of Freeport hosted their Signature Project, the Annual Back to School Health & Dental Fair on August 06, 2022 in Independence Park, Freeport, Grand Bahama. This project was proudly supported by a grant from the Kiwanis Children's Fund. Hundreds of school aged children from all walks of life received free health, medical and dental screening to prepare them for the 2022-2023 academic school year. They also received backpacks, school supplies and hygiene kits. Every parent also received a medical certificate to be submitted to their child's school, along with referrals and follow-ups as needed. The Club was extremely grateful for the partnership and support received from GB Dentistry and Grand Bahama Health Services for their team of nurses and pediatricians.

Summer is a busy time for both parents and children as they juggle summer vacation plans; manage sports and activity schedules; and get prepared for the upcoming school year. Our Annual Back to School Health & Dental Fair is therefore a great way for the students to get their physicals, health and dental screenings done, all at one location.

It was indeed a fun-filled day with lots of treats, face painting, games, bouncing castles and slides, which yielded smiling little faces all around, with giggles and an atmosphere filled with laughter. Freshly grilled hamburgers and hotdogs were served to all attendees along with cold refreshing drinks and healthy snacks, which were all made possible by the support of our many corporate sponsors. Some of whom were Commonwealth Brewery Ltd., Aliv, Masa Assist, Ministry of Grand Bahama and BWA.

Weeks of hard work paid off and the signature project proved to be a huge success. The Club is forever grateful for the grant from the Kiwanis Children's Fund and the support from all their corporate sponsors. With their assistance, the club was able to provide this much needed service to the children in the Grand Bahama Community. Together, we made a difference!



KIWANIS CLUB OF NORD BASSE-TERRE

Club Projects for the Year



Book Donations to different schools & nurseries



PROJECT (above): A Cistern for A Nursery - Division 27



PROJECT (to left): Donation of School Supplies to an Adopted Child

KIWANIS CLUB OF NORD BASSE-TERRE

Club Projects for the Year (cont'd)



PROJECT (above): Fundraising Bake Sale



PROJECT (above): Food Bank-
food collection



PROJECT (left & above):
Golf Discovery Day at
the Abymes Golf School
- presentation of awards



PROJECT (above): Don
de Sang



PROJECT (above): St.
Vincent de Paul



Kiwanis®

EASTERN CANADA AND THE CARIBBEAN DISTRICT
L'EST DU CANADA ET DES CARAÏBES

We celebrate with You!

Happy
Birthday & Anniversary to all
Kiwanians who celebrated in the
4th Quarter.

