



Kiwaniis
 EASTERN CANADA AND THE CARIBBEAN
 LEVY DU CANADA ET DES CARIBBES

Newsletter

February 2019

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Update



Governor's Message

**Support inclusiveness.
 Protect kids.**

**Brantford Celebrates 100
 Years of Service**

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You are Amazing!

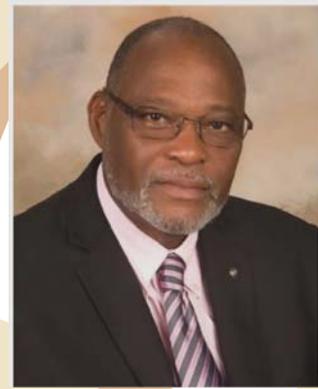
**Kingston Club Assists
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**KCESA Members Exploring their
 True Purpose In Life**

Governor's Message

Melford "Mel" Clarke



Let us use this edition of the newsletter to remind ourselves that it is just as important to recognize our members as it is to celebrate Kiwanis moments, anniversaries or global accomplishments. We are all volunteers, but some of us use our special skills of investing our time and energy to making a project, an event or a celebration-- a momentous occasion for others.

We are encouraged to recognize members for the things they do in the name of Kiwanis. Kiwanians are ordinary people who serve others in extraordinary ways whether it is dedicated hours that make projects or special events successful or creating lasting memories which inspire other members to serve.

Let us recognize that K-Kids, Builders, Key Club, Circle K and Aktion Club members build new relationships by mentoring other Service Leadership Program members. As we seek to honor members, let us not forget those Kiwanians who love to participate in the reading service project of various clubs; and the organizers of the Terrific Kids or the Bring Up Grade (BUG) programs. Each Saturday, these Kiwanians read to the little darlings of the children's hostel or hospital. Thus, it is only fitting that we give them their moment by saying thank you with little tokens.

Besides the specialized club recognition, Kiwanis International provides a platform to recognize members at the end of the year. Start planning to recognize members who most exemplify excellence in growing the club; providing service to the community through the Kiwanis Club's signature project; or have gone above and beyond the call of service in serving the Service Leadership Program. Additionally, let us acknowledge Kiwanians who have promoted Kiwanis in the community thereby strengthening the Kiwanis brand or making Kiwanis known as the organization that supports children the most.

Let us celebrate with each other at our District convention <http://ecc2019.org/> in Stratford, Ontario during May 16th – 18th, 2019 and Kiwanis International convention <https://www.kiwanis.org/convention/2019> at Walt Disney World Resort, Florida during June 27th – 30th, 2019.

In conclusion, recognition has a domino effect on the member: the member feels a sense of worthiness, appreciation and belonging. Recognition also motivates members to stay invested in the club. Therefore, let us continue to use Recognition to inspire our members to commit, serve and grow our clubs, division and district.

Melford Clarke
2018-2019 District Governor
Eastern Canada & Caribbean District

#InspiretoCommitServeGrow.





Kiwaniis

EASTERN CANADA & THE CARIBBEAN
DISTRICT CONVENTION



Best Western Plus The Arden Park Hotel
May 16-18, 2019

Stay with us ▪ Play with us ▪ Meet with us

Editor's Note



WEEK

OCCURS ANNUALLY DURING
THE FIRST FULL WEEK OF
MARCH

**Aktion Club Week will occur
March 4-8, 2019**

Each year, Aktion Clubs have a chance to participate in Aktion Club Week. It's a week designated to shine a light on Aktion Club and the impact clubs are making in their communities. Every day has a special theme for clubs to follow. In all, more than 500 clubs have the opportunity to participate. It is a great time to build awareness, recruit new members and make Aktion Club a household name!

Monday, March 4



Show your K in Every way - tell everyone you know about Aktion Club by spreading the word about it. It's easy! Things you can do: Wear your official member pin and talk about your club to anyone you see that day.

- Wear your Aktion Club gear, such as t-shirts, hats, sweatshirts, or anything Aktion Club.
- Place posters around the community advertising Aktion Club and Aktion Club Week.
- Get your local media involved! Schedule an interview with you local radio or television station talking about the service that Aktion Club does. Write an article and publish it in your local newspaper.

Tuesday, March 5



Kudos to Aktion - This is a day to recognize our members of Aktion Club for all the work they do. Advisors can show appreciation to members in a variety of ways, such as the ones listed below.

- Host an appreciation party!
- Have their favorite foods, music, and games at the party. Don't forget the pizza!
- Honor significant members of your club who always go the extra mile club members with certificates of appreciation or awards, such as trophies.
- Give thank you notes to your club advisors, Kiwanians and members.
- Use social media. Give a shout-out to Aktion Club members who go above and beyond. Create an album on Facebook, highlighting members with pictures and a synopsis of their hard work.

Wednesday, March 6



Dare to Care - Share Aktion Club and your passion for serving others with your favorite local charities! Host a service project or fundraiser on this day. Consider some of the following ideas to participate on this day.

- Make support cards for premature babies who are in the neonatal intensive care unit of your local hospital.
- Make non-slip socks or capes for your local Children's Miracle Network Hospital.
- Make a presentation to your sponsoring Kiwanis club on your local service projects to show off the club's work.
- Invite local organizations your club has helped to speak on your club's impact to the sponsoring Kiwanis club and other community leaders.
- Conduct fundraisers to support Sleeping Children Around the World. Sell baked goods such as cupcakes, cookies and cakes.

Thursday, March 7



Actions of Kindness - A smile goes a long way. Spread happiness throughout your community by doing little random acts of kindness. Challenge every member to complete one act of kindness on this day, such as:

- Hold the door open for someone.
- Put change in a vending machine.
- Leave a nice note in a library book.
- Smile at everyone you see today.
- Leave sticky notes with compliments to those you know.

ELIMINATE

maternal/neonatal tetanus



ELIMINATE PROJECT UPDATE

Here is the December 2018 update on the Eliminate Project.

The good news is that the Chad validation is scheduled to be completed in February. Validation survey for Democratic Republic of the Congo is scheduled for July 2019. 2 additional countries hope to have their surveys completed in 2019. In Sudan, 33 districts are scheduled to have the final immunizations against tetanus.

The sad news in my opinion is that there are still pledges of \$25 Million outstanding. EC&C has completed 99% of its \$3,025,890 pledge. There still is about \$42,000 remaining to complete our pledge. Please consider another donation to help EC&C complete our pledge. An average of \$6-7 per member is all that is needed.

Thank you for your continued support of our service project.

Allen Ure CPA, CGA

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- Write a thank-you note to someone who has made a positive impact on you.
- Start a conversation with someone who is standing alone.

Friday, March 8



Connect the K's - Aktion Club is the only service organization for adults with disabilities in the world and just one part of the Kiwanis family. Celebrate the entire family of Kiwanis by engaging with all local Kiwanis family clubs - Builders Club, Key Club, Circle K, K-Kids and Kiwanis. Some ideas are listed below.

- Host a "social" with local CKI and Key Clubs. Have games, activities, music and food.
- Organize a day of play with K-Kids or Builders Club. Conduct fun activities such as jumping rope and playing Frisbee-or playing sports, like soccer and basketball.
- Ask to present about your Aktion Club's work at a Kiwanis family club's upcoming meeting.
- Conduct a joint service project with other Kiwanis-family members, such as renovating a children's home to simply cleaning up a park.

Did You Know?

THERE ARE MORE THAN 500 AKTION CLUBS SERVING THEIR COMMUNITIES

Aktion Club is the only service club for adults with disabilities, with more than 12,000 members worldwide.

Aktion Clubs draw members from various organizations that support individuals with disabilities, as well as other community programs. Aktion clubs can also be established at churches, libraries, YMCAs, lodges or similar facilities. A Kiwanis club, composed of like-minded, service-oriented people from the community, serves as the club's sponsor.

Aktion Club is supported at the district level and by the Kiwanis International Office in Indianapolis, Indiana, which provides programs, literature and opportunities to relate to individuals with disabilities from countries worldwide.

The Kiwanis Club of Brantford Celebrates 100 Years of Service



The year was 1919. A loaf of bread cost five cents and an average home in Brantford, Ontario sold for 3500 Canadian dollars. During that year, which followed the end of World War I, Edward the Prince of Wales visited the city and the Mayor presided over the grand opening of the brand-new vaudeville theatre.

Another important event happened in town - **The Kiwanis Club of Brantford** was formed. The new club grew quickly and began making a positive impact on the community through its dedication to helping children.

Over the years, the members have worked diligently to provide much needed services including summer camping opportunities, the Kiwanis Music Festival, Kiwanis International Major Emphasis Programs for Kids and “Young Children: Priority One” projects. Fundraisers to support programs have included cookie sales, raffles, bingo, dances, summer festivals and The Great Men of Sports Dinner. International support to children has been provided through the Iodine Deficiency Disorders Campaign, ELIMINATE, The District HIV/AIDS Project and Sleeping Children Around the World.

One hundred years later, the Kiwanis Club of Brantford continues to attract talented, skilled and caring members, committed to supporting a long list of projects including the Children’s Safety Village of Brant, Kiwanis Field, The Kiwanis Aktion Club of Brantford, the local Santa Claus parade, the Kiwanis Foundation of Canada and the “Wish List Project” for schools in the core area of the city.

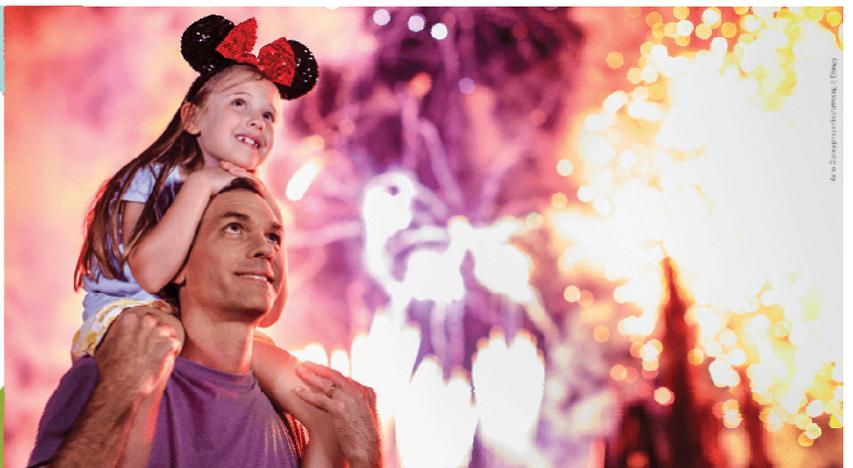
The current membership of forty-five, is made up of a diverse group of men and women representing a cross section of professions and backgrounds. There are two things all members of the club have in common – a desire to serve their community and the opportunity to do it with others, in the spirit of friendship and fun.

There is something special happening in a service club that continues to evolve and remain relevant in its community after 100 years of service. That “something special” is happening in the Brantford club.

All members of the Eastern Canada and Caribbean District are invited to the 100th Anniversary Celebration on Saturday, April 13, 2019. Governor Mel Clarke will be there with all the members, to welcome you – **Kiwanis Club of Brantford Style!**



1. Who is the current Governor of the Eastern Canada and the Caribbean District?
2. What is the home country of Kiwanis International President Poly Lat?
3. How many delegates is a club entitled to send to a District convention?
4. Where will the District convention be held in 2019?
5. What program would you access to update your contact information to ensure you receive your Kiwanis magazine and e-mail from Kiwanis International and the District Office?
6. In accordance with every club's bylaws, the Annual General Meeting of the club, including the election of club officers, must be completed by what date?
7. Which Caribbean country was the first to join the former Ontario-Quebec-Maritime District which eventually became the Eastern Canada and the Caribbean District?
8. If a club is in arrears in dues payable to Kiwanis International, are its delegates eligible to vote at a District Convention?
9. In addition to Kiwanis Clubs, there are five other club categories that make up the Kiwanis Family. What are they?
10. How many members are required to attend another club's meeting to make it an official interclub, if your club has:
 - a. less than 20 members?
 - b. 21 to 30 members?
 - c. 31 or more members?



Abilities Foundation Induction Ceremony



At the beginning of a New Kiwanis Year and in keeping with the goals of Division 23E to create more awareness of persons living with disabilities Presidents Sandra McPherson along with members of the Kiwanis Club of Constant Spring, Janet Wright of the Abilities Foundation Aktion Club, joined the members of the Aktion Club at Abilities Foundation for their Induction meeting.

President Sandra presented a one-year tuition scholarship to a member of the club and informed them that the Kiwanis Club of Constant Spring will be sponsoring one member of the Foundation to attend Kiwanis International Convention in June 2019 at the Disney Resort in Tampa Florida. This created lots of excitement as most of them want to attend the Convention.

In attendance were Governor Mel Clarke who brought greetings, Lieutenant Governor Pam Rodney-White - Division 23E and Lieutenant Governor Donna Coombs from Division 24 with her husband, Director Bobby Coombs.

The delegation also toured the facility giving Governor Mel the opportunity to meet some of the students and trainers and to view the work being done

at the school. The students are taught various skills including Cosmetology, Art and Craft, Woodwork, Information Technology and Sewing.

A symbolic tree planting was also done assisted by Governor Mel, LG Pam and Presidents Sandra and Janet.

There are two Aktion clubs in Division 23 East and the Kiwanis Club of Constant Spring is the sponsor of the Abilities Foundation Club.



Kiddies Celebrate Kiwanis 104



To celebrate Kiwanis International 104, the fifteen (15) clubs in Division 25 Cornwall hosted and feted over 110 children, ages 3-5 years old at the Junction Early Childhood Institution. The event, dubbed “Kiddies Celebrate Kiwanis” saw children being treated to ice cream, hot dogs, popcorn, cake, juice, bounce-about and a gift for each child.

After the ceremonial cutting of the 104th celebratory cup cake there was a mini concert where the children showcased their talent. The President of Kiwanis Club of Junction, Kemar Hanson

expressed gratitude that his club was chosen to commemorate such a memorable milestone. The many Kiwanians from across the Division who attended were also happy to spend time and share with the children.

The day ended with a meeting hosted by the home club. Lieutenant Governor, Glenda Miller addressed the members and encouraged them to support each other and continue to live the motto of Kiwanis -----“Serving the Children of the World”.



The children enjoying themselves on the bounce-a-about.



Here LG Glenda is seen feeding one of the kids.

Your votes count: Support inclusiveness. Protect kids.



Dear Kiwanis leader,

Every person can serve their community. Every person can make a positive difference in the lives of others. It's what we, as Kiwanians, have long believed.

The Board of Trustees asks delegates to codify that belief into our organization's bylaws and pass the amendment put forth by the Kiwanis Club of East Geauga (Ohio, USA) at the [2019 Kiwanis International Convention](#) at the *Walt Disney World*® Resort in June.

For 95 years — since 1924 — Kiwanis members have lived by a set of rules called the [Objects of Kiwanis](#). The Third Object specifically states Kiwanis members will promote the adoption and application of higher social, business and professional standards. The amendment proposed by the club supports that. It reads:

Kiwanis clubs shall not discriminate based upon race, color, creed, national origin, gender, age or sexual orientation when considering membership or during any of their activities or operations and shall conduct business in compliance with local nondiscrimination laws.

This statement and belief are not new. What would be new is the formal adoption of the principle into our governing documents. We have never been silent on the topic of discrimination. Now, it's time for us to be able to point to our dedication to inclusivity and our belief that all people can make a positive difference in the lives of children, no matter their race, color, creed, national origin, gender, age or sexual orientation.

In 2008, delegates adopted a resolution that encourages and empowers clubs to create environments that develop and nurture mutual respect for all and to celebrate the

inclusiveness of all Kiwanis members. This year, the board asks you to take that commitment one step farther and approve this amendment to our bylaws.

At the business session, we'll also be voting upon a resolution that demonstrates something we all believe: all children deserve to be safe. In 1915, when Kiwanis started, the members helped an immigrant boy named Walter. Walter's father had abandoned him in the care of social services. The first Kiwanis members looked out for him and made sure he had what he needed to thrive. This year, the board is asking you to stand with our forefathers and approve this resolution. It reads:

*Whereas, The Kiwanis motto is Serving the Children of the World; and
Whereas, The Kiwanis defining statement includes the phrase, "improving the world one child and one community at a time"; and*

Whereas, The Fifth Object of Kiwanis is: "To provide, through Kiwanis clubs, a practical means ... to build better communities"; and

Whereas, The Sixth Object of Kiwanis is: "To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill"; therefore,

Resolved, that Kiwanis International stands against violence, neglect, and abuse directed toward children.

Our unwavering mission of serving the children of the world will never change. It's a principle held dear to us since the founders of this organization helped Walter thrive, prosper and grow. There are many Walters who still need our help today.

Now is the time to pass both of these proposals.

Your brother in Kiwanis,

Florencio "Poly" Lat
2018-19 President

Kingston Club Assists Footballer with Medical Bill



At second from right, Luton Shelton accepts a donation from Rupert Whittaker, President of Kiwanis Club of Kingston,. At right is his Luton's wife Bobbette and at left is Lieutenant Governor Pamela Rodney-White.

The Kiwanis Club of Kingston presented a cheque to Luton Shelton to assist with his medical bills during the Launch of their 2019 Youth in Excellence Programme. Shelton, 32, a former national football striker and leading goal scorer for the Jamaica Reggae Boyz is battling Amyotrophic lateral sclerosis (ALS), or Lou Gehrig's disease.

Luton made his international debut for Jamaica in 2004, and has earned 75 caps, scoring a record 35 goals and playing at three CONCACAF Gold Cups. He also played for various clubs including Sheffield United, Helsingborg, Vålerenga in Norway as well as a club in Russia. He even went on trial for the Colorado Rapids.

He was the 2007 recipient of the Kiwanis Club of Kingston Youth in Excellence Award in Sports.

In his response of gratitude, read by his wife Bobbette, he chronicled his journey of perseverance and discipline to reach the top as a footballer.

Sharing in the occasion was Sportsman of the Year and 2018 Diamond League Discus Thrower Fedrick Dacres, who was also the 2014 recipient of the Kiwanis Club of Kingston Youth in Excellence Award in Sports.

Answers to trivia

1) Melford Clarke; 2) Philippines; 3) three; 4) Stratford, Ontario; 5) Kiwanis Connect; 6) May 15th; 7) Bahamas; 8) No; 9) Circle K, Key Club, Builders Club, K-Kids and Aktion Club; 10a) 2; 10b) 3; 10c) 4

You are Amazing!



Kiwans Club of Kralendijk Bonaire organized a Valentine's Day Activity, spreading Love and the message 'You are Amazing' to 148 kids between the ages of 4 and 12 in the town of Rincon. Each student at Kolegio San Luis Bertran (Elementary School) received a cupcake and a card with the message 'You are Amazing'. The students could write a message for a fellow student, telling them how amazing they are.

The Kiwanis Club of Kralendijk Bonaire is always thinking of ways to make kids feel special. Other projects in the near future will involve kids from other schools and neighborhoods.

We would like to thank TEMPO Bonaire, Kolegio San Luis Bertran and EnergiaVision for their donation and collaboration.



Kiwanis Club of Eastern St. Andrew Members Exploring Their True Purpose In Life

When does one realize his/her purpose in Life? There are many sophisticated theories and hypotheses about this, but deep down in our hearts, we know when it happens. It is when everything in life lead us on a path that seems impractical, but along with it comes this inexplicable joy, which is unexplainable, and everything just falls into place at the right place at the right time.

The beginning of this Journey happened at the District Convention held in Montego Bay in May, 2018. The mustard seed was planted to join a team of missionaries on a trip to Ghana, Africa to fulfill what seemed to be merely a dream.

The Mission Possible group was founded in 1998 by Chaplain and Director, Beverley Thompson, a Jamaican now residing in the USA, and sister to a member of the Kiwanis club of Eastern St. Andrew, DP Pauline Thompson. This group focuses on health care, education, construction and the spiritual needs of communities. Over the years, many projects have been undertaken in different countries including Jamaica in 2014, Nigeria, Haiti, Ghana and Rwanda.

The seed bore fruit when a four-member team from Kiwanis Club of Eastern St. Andrew (President Rose Marie Brown, Distinguished Presidents Velmore Lawrence, Donna Newman and Althea Reid embarked on a journey to Ghana, still hopeful that the fifth team member and missing link would join them sooner than later, having experienced a situation which threatened to put a damper on the trip.

Having arrived on January 11, 2019, the team started its first



Presentation to the Hour of Grace Children's Home



Symbolic handing over by Champlain Bev at the site for the

project on January 12, 2019 at the "Market Street Seventh Day Adventist Church in the Town of Techiman, which also serves as a Basic School. Later in the afternoon the team returned to distribute clothing for children and adults. The recipients were ecstatic.

The next couple days were spent sorting the many suitcases of clothing, shoes, reading glasses, medical supplies, pencils, crayons, exercise books and sweets.

We were hosted by the chief of the Municipality of Juaben, Nana Appigyek Dankawoso who is also special advisor to the President of Ghana and head of the Ghanaian Chamber of Commerce. The next couple days were spent completing health screening exercises. The first one took place in the Main Street of Juaben, which was blocked off from traffic. It is estimated that between five hundred to six hundred persons, mostly elderly persons, were treated on that first day!

The Thursday we went to the Seventh Day Adventist School which caters to approximately four thousand students. There, plans commenced for the implementation of the construction of a well to supply a portion of the campus, where the female students were exposed to being held up or raped having to walk a long distance to fetch water.

Our next stop was at the Gethsemane Seventh Day Adventist Church in Koforidua, to complete more health screenings. We were introduced to Gifty, a young woman who was hospitalized and treated for severe High Blood Pressure on the Mission Possible's trip a few years before. She was doing much better on this occasion.

Another young Lady came for screening and it was found that her breathing was labored. She was diagnosed previously as having a systolic heart murmur and ventricular defect. She was directed to seek immediate medical care. She broke down in tears. Through an interpreter, we learnt that she was unable to secure proper medical care because she could not afford the cost of the operation. In Ghana without the required mandatory Health Insurance she could not be admitted to the hospital. The team members were made aware of the situation and the amount of money necessary to pay for her previous hospital bill, pay for her transportation and consultation was collected from the group. The pastor of the church made a commitment to ensure that Lidia gets the required help to access the necessary treatment for her critical heart condition.

By the following Friday DP Sandra Bailey joined the team when we visited the Seventh Day Adventist College of Education, a Teacher Training Institution. We did health screening for the staff members and workers of the school and distributed school supplies and candies to the Primary and Infant sections of the school.



Another tear jerking moment was when, by chance our team leader saw the sign of a Children's Home. This led to an impromptu visit to 'The Hour of Grace' Children's Home. We learnt that there were sixty-four children at the facility which operated without any Government assistance but was able to provide three meals per day for the children as well as taking care of their learning and health

needs. We were once again asked to donate to this cause.

Our timely donation would be able to provide lunch for the children the next day. We were treated to a wonderful performance by the children.

On the days following there were religious talks with children which resulted in over sixty children being baptized.

Another significant project for us was our interaction with some students of a school and telling them about 'Miss Lou', Louise Bennett, a folklore icon of Jamaica. Some of the students were given Jamaican T-shirts for answering questions posed to them. We were also pleasantly surprised to learn that all the children present, in that middle school, knew about Bob Marley and Usain Bolt.

We were able to serve mankind in a formidable way on our trip to the "Motherland"... changing the lives of children and adults by doing what we were born to do and fulfilling our purpose. By giving to others, whether it be ensuring that persons have water or by just a smile, we are sharing with others and helping to shape a better world for our children.



These children could not resist wearing their Jamaican T-Shirts.

